Why?

In the previous chapter we read that "God blessed them; and God said to them, be Fruitful and multiply, and fill the earth"

I have given you every herb producing seed that is in the whole earth, and every tree ... it shall be food for you..."

Gen 1 v 28-29.

God's desire has always been to bless man, and to give him pleasure and delight.

We read further that "Jehovah Elahim planted a garden in Eden (which means pleasure) and there put main whom He had formed. And out of the ground Jehovah Elahim made every tree grow that is pleasant to the sight, and good for food."

Gen 2 v 8-9.

How beautiful, how delightful, how perfect everything was. "And God saw everything that He had made, and behold it was very good."

Gen 1 v 31